

## News Release

# Internships, Leadership Skills Important Goals of U of M Crookston Student Experience

By Sara Kaiser, Elizabeth Tollefson on Wednesday, December 27, 2006

CROOKSTON, Minn. (December 27, 2006) – Students attending the University of Minnesota, Crookston (UMC) discover the value of an internship as part of their collegiate career. The campus, known for its hands-on, applied learning, requires students in every major to have an internship, a supervised professional work experience. Internships help students obtain practical experience in their field of study and help establish contacts with employers for possible job interviews following graduation. It is not uncommon for an internship experience to develop into permanent employment.

The campus is offering a College 101 Workshop series designed to help students prepare for internships and gain leadership experience as well. During spring semester beginning in January 2007, UMC students will have the opportunity to take advantage of seven different workshops which also deal with other topics ranging from test taking skills to managing finances.

“The College 101 Workshops at UMC are intended to address student concerns and help them gain important skills for life as a student and beyond,” said Pam Holsinger-Fuchs who serves as the associate vice chancellor for student affairs and enrollment management at UMC. “Students can participate in a special session on the “7 Habits of Highly Effective College Students” and later one of the sessions will focus on the steps students need to take when looking for internships.”

As an integral part of the UMC student experience, internships have a positive impact on the development of leadership skills. In surveys of UMC graduates, 80 percent said they believed that attending UMC helped them develop leadership skills and 78 percent said their education at UMC helped them in the pursuit of a career. For more information on the College 101 Workshop series, contact Sara Kaiser at 218-281-8527 or [kais0067@umn.edu](mailto:kais0067@umn.edu) or visit the UMC First Year Experience Web site at [www.UMCrookston.edu/fye](http://www.UMCrookston.edu/fye).

The University of Minnesota, Crookston (UMC) delivers more than 24 different undergraduate degree programs, including online options, in agriculture; arts, humanities and social sciences; business; math, science and technology; and natural resources. UMC is dedicated to helping students and the region aim higher, reach further and dream big dreams. To learn more, visit [www.UMCrookston.edu](http://www.UMCrookston.edu).

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